First Saturday
Lecture Series

Great Oak School's lecture series provides opportunities for parents and the Greater Houston community to broaden our understanding of Waldorf Education and to support positive parenting skills in our challenging times.

Lectures are held at Great Oak School on the First Saturday of each month; 9:00a.m. – 11:00a.m.

Lectures are a free service to the community; donations suggested.

October 1, 2011:

Helen Brinkel ***The Art of Storytelling*** **:** Explore the beauty and importance of storytelling for the young child. Learn how this age-old art cultivates listening skills and builds vocabulary and imagination.

November 5, 2011

Susan Henson ***Mindful Gift Giving – The power of less*****:** From birthdays to the tooth fairy – we will discuss meaningful ways to gift give to our children and loved ones. A simple craft will be made to take home.

December 3, 2011

Keri Tegtmeier ***Doll making and the Importance of Doll play:*** Craft and learn with us as we make a first doll for the child in your life. Prepared doll kits will be ready to assemble as we discuss the importance of doll play for the young child. **Supply Fee $35.00**

January 7, 2012

Kristin Maresca-Gilley ***Yoga for Peaceful Parenting:*** Easing through the joys and trials of being a parent through the teachings of yoga. Please dress comfortable to allow the exploration of yoga poses.

February 4, 2012

Live Sustainably, Eat Organically and Locally: A morning of mindful living with **Cath Conlen** from the Blackwood Land Research Institute & **Hans Hansen** of Twin Persimmon Farms.

March 3, 2012

Keri Tegtmeier ***A Gentle Discipline workshop:*** Life with little ones can be a challenge! Join us as we explore a loving and positive approach to behavior shaping and discipline. Open, supportive discussion of your toughest parenting challenges will be welcome. Keri Tegtmeier is our Parent-Child teacher.

May 5, 2012

Gretchen Thevenau, BFRP ***An introduction to Bach Flowers Remedies****:* The Bach Flower Therapy is a simple and natural method that opens a way to a better health. The remedies act on our emotions to gently help achieve harmony and balance.

June 2, 2012

Becky Stemper ***The Importance of Movement for Children:*** Becky is a trained Waldorf teacher and experienced home educator. This workshop emphasizes Waldorf movement techniques, and the importance of movement as it pertains to the developing child.

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